

COLCACCHIO

pizzeria



THE REASON YOU CRAVE PIZZA

MENU INSTRUCTIONS



VEGAN



LOW CARB



VEGETARIAN



CHILLI

from fragrant
to spicy



**VITALITY
HEALTHYDINING**

Our food is prepared in a kitchen that uses nuts, wheat, gluten, shellfish, lactose, eggs, seeds and our olives may contain pips. Please note not all ingredients are listed. We do not add a service charge unless you're a party of 6 or more. Any substitutions to menu items are subject to additional costs. E&OE.

 **Discovery Vitality members get up to 25% back on all qualifying HealthyDining meal options plus 50% back on Vitality kids' healthy meals, for under 12's.**

Discovery Vitality (Pty) Ltd. T's, C's and limits apply.

OUR PIZZA RANGE



standard thin base pizza

our tried and tested dough recipe. Thinly rolled bases, baked in a wood-fired oven.



foro

our healthier, lighter range of pizzas with a hole in the middle filled with crispy fresh salad.



carb conscious

21cm base made with cauliflower, coconut, psyllium husks, flax seeds, guar gum, olive oil and dusted with coconut or tapioca flour. Served with a carb conscious side salad.



pizza insalata

medium-sized pizza with less cheese, served with a side salad.



gluten free

wheat and gluten free pizza base at an additional cost of R30 per pizza.

JAN BRAAI PIZZA

R165

mielie meal dusted tomato base, mozzarella, pulled beef short rib, chakalaka, topped with sour cream & fresh coriander

 **R5 FROM EVERY**

JAN BRAAI PIZZA SOLD WILL BE DONATED TO THE IRIS HOUSE CHILDREN'S HOSPICE.

choose your flavour
south africa vs korea

OH MY SEOUL PIZZA

R175

asian bechamel base, mozzarella, bulgogi beef, shiitake mushrooms, red onion, sesame seeds topped with korean sauce & spring onion

 **R5 FROM EVERY**

OH MY SEOUL PIZZA SOLD WILL BE DONATED TO THE INTERNATIONAL YOUTH FELLOWSHIP.

perfectly paired with

sweet korean kiss mocktail R49

In partnership with

Schweppes



choose your flavour
india vs cape malay

KEEMA PIZZA
R169

tomato base, mozzarella, spiced lamb mince, green pepper topped with cucumber raita, fresh mint, spring onion, coriander



R5 FROM EVERY

KEEMA PIZZA SOLD WILL BE DONATED TO GIFT OF THE GIVERS.

DENNING PIZZA
R189

chutney béchamel base, mozzarella, denningvleis stew, pickled jalapeño, red onion topped with coriander



R5 FROM EVERY

DENNING PIZZA SOLD WILL BE DONATED TO CAN/SA.

perfectly paired
with

mumbai mule mocktail R55

In partnership with



antipasti

something to start with

pizza breads

pizza bread garlic or herb 50 / mini 40

pizza bread feta & onion 60 / mini 50

ADD: MOZZARELLA 35

beef carpaccio 99

beef carpaccio, rocket, italian-style hard cheese, black pepper, homemade dressing

ADD: AVO 30

vegetariano antipasto 135

[to share] artichokes, baby marrow, roasted red pepper, tomato, olives, fior di latte mozzarella, served with mini herb bread

melanzane 98

fior di latte mozzarella, brinjal, italian-style hard cheese, pomodoro sauce

piatto di fresca 155

smoked salmon trout, avo, cucumber ribbons, herbs, sesame seeds, citrus wedges, citrus dressing

insalata

caesar 80

cos lettuce, croutons, egg, italian-style hard cheese, kinga's caesar dressing

ADD: SEASONED CHICKEN 30 | ITALIAN ANCHOVY 35

green salad 99 / side 65

lettuce, baby spinach, artichokes, cucumber, avo, mushroom, spring onion

greek 80 / side 60

lettuce, cherry tomatoes, olives, feta, onion, cucumber

san siro 99

chopped lettuce, cucumber, avo, cherry tomatoes, corn, carrots, sunflower seeds, sesame seeds, peppadew™ piquanté peppers

ADD: SEASONED CHICKEN 30

broccolo 115

rocket, broccoli, feta, avo, spring onion, sunflower seeds, poppy seeds, oriental dressing

ADD: CRANBERRIES 20 | CHICKEN MACON 25
SEASONED CHICKEN 30

deconstructed salmon 129

smoked salmon trout, avo, cherry tomatoes, crispy capers, pickled red onion, spring onion, sour cream, lemon, extra virgin olive oil, dill

caprese 120

fior di latte mozzarella, tomatoes, olives, basil, balsamic glaze

ADD: AVO 30

cobb 120

cos lettuce, chicken macon, cherry tomatoes, avo, egg, ranch-style dressing, crispy onion

brioso 115

lettuce, rocket, roasted beetroot, green yoghurt dressing, feta, roasted butternut, butternut chips, crispy onion, cranberries

ADD: SEASONED CHICKEN 30

volatilia 120

lettuce, seasoned chicken, avo, balsamic roasted cherry tomatoes, croutons, grilled baby marrow, sesame seeds

wasabee 120

lettuce, carrots, cucumber, avo, pickled red onion, radish, seasoned chicken, cashew nuts, wasabi balsamic glaze

orientale 120

chicken, coriander, red onion, chopped lettuce, almond flakes, julienned carrots, cranberries, edamame beans, sesame seeds, oriental dressing

ADD: AVO 30



nacho libre
& morituri



the moghul &
smokey babe



pizza

All our pizzas can be ordered as a half and half (two of your favourite pizza choices as 2 halves at an additional 10% cost).

 Vitality HealthyDining pizza insalata: medium-sized pizza served with a side salad.

Carb conscious 21cm pizza bases are made of cauliflower, coconut, psyllium husks, flax seeds, guar gum, olive oil and dusted with coconut or tapioca flour. Served with a side salad of lettuce, carrots, cucumber, egg, italian-style hard cheese, radish and a carb conscious ranch-style dressing.

gourmet

prostituto 140

[no tomato base] peppadew™ piquanté peppers, spinach, avo, feta

hollywood scene 145

macon, thyme, rosso onion, avo, crispy onion

bologna 140

béchamel sauce, beef bolognaise, mozzarella, cheddar, rosso onion, basil

mexicana 140

béchamel sauce, beef bolognaise, mozzarella, cheddar, rosso onion, jalapeño peppers

ADD: HOMEMADE GUACAMOLE 30 | SOUR CREAM 20

forresta 155

pepperoni, black mushroom, feta, garlic, green pepper

CARB CONSCIOUS FORRESTA OPTION 

masala 165

tomato base, coriander chutney, masala chicken, mozzarella, mushroom, mature cheddar, chutney yoghurt, fresh coriander

the moghul 165

indian butter chicken, yoghurt, fior di latte mozzarella, coriander, crispy onion

green genie 165

avo, balsamic glaze, feta, roasted beetroot, roasted garlic, roasted butternut, rocket, italian-style hard cheese, pumpkin seeds, sesame seeds, sunflower seeds, shiitake mushroom

nacho libre 165

jerk spiced chicken, sour cream, homemade guacamole, tomato chilli salsa, coriander

NACHO LIBRE INSALATA OPTION 

CARB CONSCIOUS NACHO LIBRE OPTION  

morituri 165

seasoned chicken, macon, avo, feta, roasted red pepper

CARB CONSCIOUS MORITURI OPTION 

arrosto 185

asian de-boned smoked beef ribs, rosso onion, smoked paprika, mature cheddar, roasted red pepper

smokey babe 185

asian de-boned smoked beef ribs, rosso onion, corn, mint, spring onion, coriander

inferno 210

prawns, peri-peri

INFERNO INSALATA OPTION 

ortigiano 145

artichokes, asparagus, olives, green pepper, mushroom

ORTIGIANO INSALATA OPTION 

FORO OPTION (485 CAL) 

carpe funghi 165

[no tomato base] mushroom, dill, roasted garlic, beef carpaccio, italian-style hard cheese, caramelised onion, mayonnaise

salmone 185

smoked salmon trout, rocket, sour cream, black pepper

SALMONE INSALATA OPTION 

carne 175

sausage mince, pepperoni, onion, chilli, roasted red pepper, mushroom



norm's
pralina



mozzafiato



bunny chow
calzone



classic

margherita 85 **V**

tomato base, mozzarella, herbs

MARGHERITA INSALATA OPTION 

CARB CONSCIOUS MARGHERITA OPTION **LC** 

FORO OPTION (380 CAL) 

cheezy margherita 105 **V**

tomato base, mozzarella, herbs

ruspante 120

chicken, mushroom, tandoori spices

RUSPANTE INSALATA OPTION 

norm's pralina 120 **V** **G**

butternut and tomato base, roasted butternut, chilli, feta, pumpkin seed praline, rocket

ADD: AVO 30

principessa 120 **V**

basil, balsamic roasted cherry tomatoes, fior di latte mozzarella

PRINCIPESSA INSALATA OPTION 

aubergine parmigiana 120

roasted brinjals marinated in pomodoro sauce, italian-style hard cheese, basil, origanum, extra virgin olive oil

AUBERGINE PARMIGIANA INSALATA OPTION 

bella ciao 130

roasted butternut, rosso onion, balsamic roasted cherry tomatoes, basil pesto

BELLA CIAO INSALATA OPTION 

sedriano 140

pepperoni, avo, balsamic roasted cherry tomatoes, sesame seeds

anthony's parmigiana 145

aubergine parmigiana with pepperoni

bunny chow calzone 140 **G**

folded pizza with mozzarella, seasoned chicken, bunny chow sauce, coriander (choice of tomato chilli salsa or mrs balls chutney)

esotica 105

chicken macon, pineapple

regina 105

chicken macon, mushroom

CARB CONSCIOUS REGINA OPTION **LC**

FORO OPTION (447 CAL)

strega 105 **V**

black mushroom, garlic, herbs, rosemary

STREGA INSALATA OPTION 

FORO OPTION (417 CAL) 

matturo 125

onion, pepperoni, green pepper

ADD: PEPPADEWS 30

siciliana 125

italian anchovy, olives

ADD: CAPERS 15

isolano 135 **G**

jerk spiced chicken, pineapple, peppadew™ piquanté peppers, peri-peri sauce

ISOLANO INSALATA OPTION 

stagionata 140

chicken macon, mushroom, artichokes, olives

giusto 130

[no tomato base] italian-style blue cheese, macon, crispy onion

ADD: AVO 30

mozzafiato 140

macon, avo, feta

ADD: PEPPADEWS 30

build your
own pizza



— margherita

vegan

vegan margherita 105

tomato base, herbs, dairy-free nut based cheese

VEGAN MARGHERITA INSALATA OPTION 

fuccino 165

dairy-free nut based cheese, mushroom, artichokes, roasted red pepper, garlic

FUCCINO INSALATA OPTION 

lazio 160

dairy-free nut based cheese, avo, balsamic roasted cherry tomatoes, pumpkin seeds, fresh basil, extra virgin olive oil

LAZIO INSALATA OPTION 

zucca 165

dairy-free nut based cheese, butternut and tomato base, roasted butternut, roasted beetroot, rocket, avo, sesame seeds, pumpkin seeds, sunflower seeds

ZUCCA INSALATA OPTION 

BUILD YOUR OWN

margherita 85 | gluten free margherita 105 | vegan margherita 105

basil, chilli, garlic, onion, green pepper, thyme, peri-peri, pumpkin seeds, rosemary, sesame seeds, spring onion, tandoori spice **10**

banana, fresh tomatoes, roasted garlic, spinach, crispy onion, rosso onion, roasted beetroot, pineapple, rocket, roasted butternut, caramelised onion, baby marrow, capers, pickled jalapeños **15**

olives, feta, roasted red pepper, mushroom, sour cream **20**

asparagus, balsamic roasted cherry tomatoes, black mushroom, chicken macon, beef macon, italian-style hard cheese **25**

seasoned chicken, sausage mince, pepperoni, artichokes, peppadew™ piquanté peppers, homemade guacamole, avo **30**

mozzarella full portion **35**
mozzarella half portion **18**

italian anchovy, italian-style blue cheese, mature cheddar, bolognaise **35**

shiitake mushrooms, basil pesto **40**

fior di latte mozzarella **45**

asian de-boned smoked beef ribs
smoked salmon trout [80g] **75**

prawns de-shelled [75g] **60** [150g] **120**

Our wheat and gluten free pizza bases are made from rice flour, corn starch, tapioca, milk solids, xanthan gum, cellulose and sunflower oil and are yeast, sugar and egg free. Wheat and gluten free pizza base at an additional cost of R30 per pizza.



— bolognese



— blu formaggi



pasta

*option of spaghetti, penne, linguini.
wheat free pasta add R22, zucchini add R22.*

pomodoro 79

tomato, basil

ZUCCHETTI OPTION 99  

bolognese 105

beef bolognese with italian-style hard cheese, garlic pangrattato

ZUCCHETTI OPTION 125  

ragu di manzo 155

slow-cooked, pulled beef short rib sauce, italian-style hard cheese

blu formaggi 125

italian-style blue cheese sauce, chicken macon, garlic pangrattato, crispy onion

cielo 135

basil pesto, cream, mushroom, baby spinach, cherry tomatoes, spring onion, italian-style hard cheese

ADD: SEASONED CHICKEN 30

funghi bianco 145

exotic mushrooms, cream, herbs, italian-style hard cheese

ADD: CHICKEN MACON 25

crema di gamberi 155

pomodoro sauce, cream, prawns, cherry tomatoes

homemade lasagna 120

beef bolognese, béchamel sauce, italian-style hard cheese

the pollo 135

seasoned chicken, mushroom, spring onion, pomodoro sauce, sour cream

salmone e aneto 155

pomodoro sauce, cream, smoked salmon trout, dill

zucchini pesto 120

zucchini, basil pesto, italian-style hard cheese, toasted pumpkin seeds

zucchini verde rosso 120

zucchini with chicken parmigiana, italian-style hard cheese

bambini

*calling all junior pizza fans - you qualify for this part of the menu
if you are under the age of 12!*

PIZZA

margherita 55

tomato base, mozzarella, herbs

esotica 65

chicken macon, pineapple

tropicale 65

macon, banana

regina 65

chicken macon, mushroom

PASTA

pomodoro 55

tomato, basil

funghi bianco 65

exotic mushrooms, cream, herbs, italian-style hard cheese

bolognese 65

beef bolognese, italian-style hard cheese

homemade lasagna 65

beef bolognese, béchamel sauce, italian-style hard cheese



agnello



chicken milanese



tagliata

main meals

includes one side of your choice

pollo grigliato 135

grilled flattened chicken fillet with caramelised lemon

coquinaria 140

flattened chicken fillet with a creamy mustard sauce

chicken milanese 140

crumbed flattened chicken fillet with a creamy mustard sauce

tagliata 215

sliced sirloin steak with a homemade tomato, garlic, chilli and olive oil tagliata sauce

bistecca al pepe 215

sirloin steak served with a peppercorn truffle infused sauce

agnello 245

lamb shank cooked in the pizza oven with fresh tomato, peppers, herbs

sides

broccoli 33

linguini 33

mashed potato 33

side salad 38



allegro

cambiato

salubre

light meals

smaller portions served until 4pm

piadine wrap

toasted thin italian flatbread as a wrap

allegro 65

greens, roasted beetroot, roasted butternut, crispy onion, cranberries, feta, green yoghurt dressing

ADD: SEASONED CHICKEN 30

fratellino 65

greens, julienned carrots, cranberries, edamame beans, sesame seeds, almond flakes, red onion, coriander, oriental dressing

ADD: SEASONED CHICKEN 30 | AVO 30

abruzzo 65

greens, cucumber, avo, corn, cherry tomatoes, carrots, sunflower & sesame seeds, peppadew™ piquanté peppers, lemon oil

ADD: SEASONED CHICKEN 30

makhani (folded) 75

butter chicken, crispy onions, fior di latte mozzarella

pasta

salubre 65

linguini with pomodoro sauce, butternut, feta, pumpkin seed praline

lussuoso 65

linguini with pomodoro sauce, cream, mushroom, basil

pizza

pulsante 69

mushroom, caramelised onion

mostarda 69

chicken, crispy onion, mustard mayo

pepperoni 69

classic pepperoni

margherita piccolo 55

tomato base, mozzarella, herbs

salad

allentante 60

lettuce, roasted butternut, cranberries, basil, croutons, sesame seeds, cucumber, vinaigrette

cambiato 60

lettuce, grilled baby marrow, carrot, grated mozzarella, egg, crispy onions, kinga's caesar dressing



chocolate brownies



chocolate pancakes



berry cheesecake dessert



salted caramel pancakes

desserts

ice cream & bar one sauce 55

vanilla sundae 65

vanilla ice cream, bar one sauce, brownie bits, crushed hazelnuts

crostata di caramello 50

italian pastry with salted caramel sauce

berry cheesecake dessert 65

with homemade berry compote

chocolate brownies 68

ice cream and chocolate sauce

*CONTAINS NUTS

chocolate pancakes 65

pancakes with italian hazelnut spread, vanilla ice cream

salted caramel pancakes 65

pancakes with salted caramel sauce, vanilla ice cream and almonds

carb conscious cheesecake 65

topped with an almond coconut crunch

milkshakes

vanilla 44

berry, bar one, coffee, salted caramel, pina colada 49

beverages

still / sparkling water 330ml 23

still / sparkling water 750ml 38

schweppes® 25

[soda, lemonade, dry lemon, tonic]

cooldrinks 25

[coke, cream soda, sprite, fanta]

reduced sugar cooldrinks 24

[coke zero, coke light, sprite zero]

fruit juice 28

[ask waitron]

cordial 12

[kola tonic, passion fruit, lime]

bos ice tea 30

[peach, lemon]

appletiser, grapetiser 30

red bull energy drink 40

italian hot chocolate 40

tea 25

spiced chai latte 35

espresso, americano 25

decaf coffee 30

cappuccino 27 | grande 30

red cappuccino 30

caffe latte 30

freezochino 45

Coca-Cola





mocktails

old-fashioned lemonade 39

berry citrus iced tea 49

natural english tea extract infused with lemon and maraschino cherries, cranberry juice, mint

peach berry crush 49

peach extract, fresh lemon, cranberry juice

apple ginger crush 55

green apple purée blended frozen, appletiser, fresh ginger

daikiwi 49

kiwi extract, mint, pineapple

d.u.i. 49

strawberries, lemon, maraschino cherry extract, fresh orange juice

very berry no-jito 55

berry coulis, fresh lime, mint, schweppes® soda water

virgin strawberry daiquiri 55

strawberry extract, fresh lemon, strawberry juice